

Date 19 03 2023

# ONE DAY WORKSHOP ON YOGA

ORGANISED BY SAPTRASHI NIKRALAYA

IN COLLABORATION WITH DEPT. OF HISTORY & NSS UNIT,

PANIGAMON DPD COLLEGE

## AGENDA

1. CHAIR TAKING OF RESOURCE PERSON
2. INTRODUCTION OF THE EVENT
3. FALCINATION
4. TRAINING ON YOGA
5. LUNCH TAKING
6. CLOSING OF THE WORKSHOP & VOTE OF THANKS

# উপস্থিতির তালিকা

1. বনজী কলিতা
2. দাশী দাস
3. তিনামনি দাস
4. ফাটক ববা
5. Anamika Neog.
6. Kailyan Kutta.
7. Pompei kalita.
- 8/ Manojux Patto
- 9/ Jaglakui Ponguz
- 10/ Shoa Purnan Das
- 11/ Nava Sumar Doley
- 12/ Pramala Das
- 13/ Palini Das
- 14/ Miss Barnali Das.
- 15/ Rajita Das
- 16/ Motomi Das
- 17/ শ্রীমতী লক্ষ্মীমণি দাস
- 18/ Mrs Dipanjale Doley
- 19/ কল্পনা ববা
- 20/ জীতা দাস
- 21/ -কবিমিতা দাস
- 22/ Sumi Rajkhowa
- 23/ শ্রীমতী গীতিকা দাস
- 24/ শ্রীমতী বসন্তা দাস
- 25/ শ্রীমতী কুমুদিতা দাস
- 26/ শ্রীমতী দীপালী চিঠা
- 27/ অক্ষয় দাস
- 28/ শ্রী বিমলা দাস
- 29/ শ্রীমতী পূর্ণি বাজেন্দ্রা
- 30/ শ্রী অক্ষয় দাস
- 31/ Biki Datta.
- 32/ Akash Das
- 33/ Ramswaran
- 34/ Paramananda Das
- 35/ Satyendra Das
- 36/ Abinash Das

- 09/ Binlab Das
- 06/ Mihirika Borah
- 07/ Harishmita Das
- 80/ Tanaya Das
- 87/ Gitanhree Peley
- 89/ Parishma chircang
- 88/ Tanaya Das
- 88/ Miss Rajashree Saikia
- 85/ Miss Rone Dutta
- 87/ ARPITIA DUTTA
- 89/ JIYASHA Dutta
- 86/ Ruhom Dutta
- 88/ Holeyangana Dutta
- 80/ Kangkan Borah
- 82/ Pulin hazarika
- 82/ Jintu Dutta
- 80/ ARNAB DUTTA
- 88/ Anurag Dutta
- 88/ Nabagrib saikia
- 88/ Bhargab saikia
- 88/ Rup martanda
- 89/ Dolishma hazarika
- 86/ Madhuriya Rajkhowa
- 88/ Karturi Borah
- 88/ Lyamam jyoti Saikia
- 85/ Sewati Chutia
- 88/ Purnima Borah
- 88/ Jonali Devi Dutta
- 88/ Dewilata Pegu Subject Teacher (Panigam HSS)
- 85/ Joyprakash Bhuyan Program Officer POP
- 89/ Adminab Nath, Ope College

## PROGRAM REPORT

With the aim to aware the students and people of the Panigraon area, a workshop on Yoga is organised by Saptarshi Nityalaya on 19-02-2023 at the premise of the organisation in collaboration with department of History and NSS unit of Panigraon OPD College.

The event was started with a borgeet classical by Miss Manashree Kalita, NSS volunteer and student of Panigraon OPD College. After that the workshop was started with the mentoring of Mr. Joyprakash Rayeng. In between the program some yoga students of the institution have been felicitated for their achievement of in the field of yoga.

A total of 67 nos. members and students participated in the program. Mr. Joyprakash Chhayan, Program officer, NSS Unit, monitored the programme with the help of Mr. Manish Kalita and Jyoti Datta honorable president and Sec. of the organisation.



GPS Map Camera

Pani Gaon, Assam, India  
44X5+PCX, Pani Gaon, Assam 787052, India  
Lat 27.14921°  
Long 94.109108°  
19/03/23 11:23 AM GMT +05:30



Google



 **GPS Map**  
**Camera Lite**

535P+VX, Kumarkata, Assam 787052, India

Latitude  
27.160716666666666°

Longitude  
94.08735666666668°

Local 10:02:28 AM  
GMT 04:32:28 AM

Altitude 95 meters  
Sunday, 19.03.2023



GPS Map Camera

Pani Gaon, Assam, India

44X5+PCX, Pani Gaon, Assam 787052, India

Lat 27.14921°

Long 94.109108°

19/03/23 11:16 AM GMT +05:30

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