

NOWGONG COLLEGE  
(Autonomous)



SYLLABUS

Psychology  
(Inter-Disciplinary Course)

Learning Outcome-based Curriculum Framework (LOCF) of  
Four Year Undergraduate Programme  
Choice-based Credit System with flexibility  
Effective from Academic Year 2023-24

Syllabus is approved in Academic Council, Nowgong College (Autonomous)

Dated: 30<sup>th</sup> June, 2023

## **Introductuion**

The Programme aims to develop a holistic and multidimensional understanding of the topics. It attempts to approach new areas of learning, develop competencies in the students thereby opening various avenues for self-discovery, academic understanding and employment.

**Instruction on Teaching Method:** The classroom transaction of all the papers will be done through lectures, group discussions, experiential exercises, projects, presentations, workshops, seminars and hands on experiences. Students would be encouraged to develop an understanding of real life issues and participate in the programs and practices in the social context. Use of ICT and mass media and web based sources is highly recommended to make the teaching learning process interactive and interesting. Twenty percent (20%) of the syllabus will be done through online.

**Evaluation:** The mode of evaluation would be through a combination of external and internal practicum in the ratio of 60:20:20 respectively. Equal weightage will be given to all the units while setting of questions papers in external examination. Along with routine examinations, classroom participations, class assignments, project work, and presentations would also be a part of the overall assessment of the student.

### **Credits and Marks:**

- a) Total Credit in Major Course = 176 [Degree after 4 years (With Honours / by Research)]
- b) Total Credit in Major Course = 132 [Degree after 3 years (With Major/Minor)]

### COURSE & CREDIT STRUCTURE

Semester	Major (Maj)	Minor (Min)	Inter-Disciplinary	AEC	SEC	VAC (Any Two)	Summer Internship	Research Project/Dissertation	Total
I	XXXX-MAJ-1014	XXXX-MIN-1014	PSYC-IDC-1014 Foundations of Psychology	ASSA/HIND/BENG-AEC-1012 Jugajogmulok Axomiya/ Vyakaran Evam Vyavaharic Hindi/Byowoharic Bangla – I	XXXX-SEC-1014	UNIN-VAC-1012 (Understanding India) ENSC-VAC-1012 (Environmental Science) NASS-VAC-1012 (National Service Scheme)	---	---	22
II	XXXX-MAJ-2014-	XXXX-MIN-2014	PSYC-IDC-2014 Social Psychology	ASSA/HIND/BENG -AEC-2012 Byowoharic Axomiya/ Karyalayi Hindi /Byowoharic Bangla – II	XXXX-SEC-2014	DITS-VAC-2012 (Digital Technological Solutions) YOMH-VAC-2012 (Yoga and Mental Health) NACC-VAC-2012 (National Cadet Corps)	---	---	22
<b>Certificate after 1 year</b>									
III	XXXX-MAJ-3014	XXXX-MIN-3014	PSYC-IDC-3014	ENGL-AEC-3012 (English and	XXXX-SEC-3014	-----	----	-----	22

	XXXX-MAJ-3024		Positive Psychology	Mass Communication)					
IV	XXXX-MAJ-4014 XXXXX-MAJ-4024 XXXX-MAJ-4034 XXXX-MAJ-4044	XXXX-MIN-4014	-----	ENGL-AEC-4012 (Academic Writing)	-----	-	-	-----	22
<b>Diploma after 2 years</b>									
V	XXXX-MAJ-5014 XXXX-MAJ-5024 XXXX-MAJ-5034 XXXX-MAJ-5044	XXXX-MIN-5014	-----	-----	-----	-----	XXX X- INTE- 5012 (Inter nship)	-----	22
VI	XXXX-MAJ-6014 XXXX-MAJ-	XXXX-MIN-6014	-----	----	-----		----	-----	22

	6024 XXXX-MAJ-6034 XXXX-MAJ-6044 XXXX-MAJ-6052								
<b>Degree after 3 years (with Major/Minor)</b>									
VII	XXXX-MAJ-7014 XXXX-MAJ-7024 XXXX-MAJ-7034	XXXX-MIN-7014	-----	-----	-----	REET-VAC-7012 (Research Ethics)	----- -	REME-MAJ-7044 (Research Methodology)	22
VIII	XXXX-MAJ-8014	XXXX-MIN-8014				INPR-VAC-8012 (Intellectual Property Right)		XXXX-DISS-80112/ XXXX-MAJ-8024  XXXX-MAJ-8034  XXXX-MAJ-8044  (Those who not undertaking	22

								Research Project or Dissertation)	
<b>Degree after 4 years (with Honours/by Research)</b>									176

N.B.: 1. 4 credit papers = 100 marks (60T+20IA+20P)

2. 2 credit papers = 50 marks (30T+10IA+10P) & AEC: 50 marks (40T+10IA)

Question pattern:

- For 100 marks papers [ 1 marks x 7 (no option) , 2 marks x 4(no option) , 5 marks x 3 (5 options), 10 marks x 3 ( 5 options) ]
- For 50 marks papers [ 1marks x 4 (no option), 2 marks x 3 (no option), 5 marks x 2 (4 options), 10 marks x 1 ( 2 options ) ]
- For AEC 50 marks papers [ 1 marks x 4 ( no options) , 2 marks x 3 ( no options), 5 marks x 2 ( 4 options), 10 marks x 2 (4 options) ]

Details of Semester-Wise Courses

<b>Sl. No.</b>	<b>Semester</b>	<b>Paper code</b>	<b>Name of the Paper</b>	<b>Credit</b>	<b>Marks</b>
1	FIRST	PSYC-IDC-1014	Foundations of Psychology	4	100
2	SECOND	PSYC-IDC-2014	Social Psychology	4	100
3	THIRD	PSYC-IDC-3014	Positive Psychology	4	100

**Semester-I**  
**Course Code: PSYC-IDC-1014**

**Course Paper: INTRODUCTION TO PSYCHOLOGY**

**Paper Credit: 04 (3T+1P)**

**Total No. of Lectures: 45L + 15P**

**Total Marks=100 (T60 + IA20 + P20)**

**Objectives:**

1. To gain a better understanding of the field of psychology both historic and current.
2. To familiarize students with the fundamental processes of human behavior.
3. To develop an understanding of processes involved in learning, perception, motivation and emotion.

**Learning Outcome:**

1. Students will be able to develop an understanding of the field of psychology both historic and current.
2. Students will be able to identify the major fields of study and theoretical perspectives within psychology and articulate their similarities and differences.
3. Students will be able to articulate the basic principles and research concerning learning, attention, motivation and emotion.

**CONTENTS:**

**Theory**

**UNIT: I Introduction to Psychology:**

Definition, Nature and origin of psychology, scopes, field of psychology; Perspectives in psychology--structuralism, functionalism, behaviourism, humanistic; Methods of Psychology--observation, case study, interview, survey, correlation and experimental method

**UNIT: II Attention and Perception:**

Nature and Definition, Issues and Theories of Attention, Factors or Determinants of Attention; Perception—concept of perception, perception of objects and forms, perceptual constancy-- illusion, internal and external factors influencing perceptual, perceptual organization



### **UNIT: III Motivation and Emotions:**

Definition and nature of motives, types of motives, theories of motivation; Definition and nature of emotion; Emotion and cognition, culture and emotion

### **UNIT: IV Learning and Memory:**

Learning-Nature and definition, classical and operant conditioning, factors of learning, transfer of learning; Memory- Definition, types of memory, methods of measuring memory, methods of improving memory; Forgetting, theories of forgetting, causes of forgetting

**Practical/ Presentation:** Topics to be selected based on course content of the theory.

#### **Suggested Readings:**

1. Morgan, C. T., & King, R. A. (1975). Study guide for Morgan and King Introduction to psychology: Fifth edition. New York: McGraw-Hill
2. Ciccarelli, S. K., & Meyer, G. E. (2010). Psychology: South Asian Edition. New Delhi: Pearson Education
3. Baron, R. & Misra, G. (2013). Psychology. New Delhi: Pearson.
4. Chadha, N.K. & Seth, S. (2014). The Psychological Realm: An Introduction. New Delhi: Pinnacle Learning.
5. Talukdar R R. 2019, Cognitive Psychology, Psycho information technologies, New Delhi

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**Semester-II**  
**PSYCHOLOGY**  
**Paper Code: PSYC-IDC-2014**  
**Course Paper: SOCIAL PSYCHOLOGY**  
**Paper Credit: 04 (3T+1P)**

**Total No. of Lectures: 45L + 15P**

**Total Marks=100 (T60 + IA20 + P20)**

**Objectives:**

1. To understand the cognition and behavior of individuals as they naturally occur in any social context.
2. To understand the individual difference of individuals in different social environment.

**Learning outcome:**

1. Students will be able to demonstrate the ability to articulate independently and creatively about human social behavior and the cultural influences that affect human behavior.
2. Students will be able to understand the characteristics, actions, cognitive processes, environmental variables, biological causes, logical thinking.

**CONTENTS:**

**Theory**

**UNIT: I Introduction to social psychology:**

Definition and nature, scope of social psychology; history-origin and development of social psychology; relationship of social psychology with other sciences

**UNIT: II Social influence and interaction:**

Interpersonal attraction, pro-social behavior; Aggression: basic concept, causes and management

**UNIT: III Social Perception:**

Understanding self and evaluating the social world: Making of the self; social

cognition, social perception, impression management; Attitudes (attitude-Behaviour Link; Strategies for attitude change)

**UNIT: IV Group Dynamics:**

Nature of Groups; Basic Processes, Group Performance, Group Decision Making; Group interaction (Facilitation, Loafing)

**Practical/ Presentation:** Topics to be selected based on course content of the theory.

**Suggested Readings:**

1. Hogg, M. A., & Vaughan, G. M. (2005). Social psychology. Harlow: Pearson Prentice Hall.
2. Taylor, S. E., Peplau, L. A., & Sears, D. O. (2006). Social psychology (12th Ed.). New Delhi, India: Pearson
3. Myers, D. G. (2008). Social psychology. New Delhi, India: Tata McGraw-Hill
4. Baron, R. A., Byrne, D., & Bhardwaj, G. (2010). Social psychology (12th Ed.). New Delhi, India: Pearson
5. Husain, A. (2012). Social psychology. New Delhi, India: Pearson.
6. Singh, A. K. 2015, Social Psychology, PHI Learning Private Limited, Delhi-110092

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