

NOWGONG COLLEGE
(Autonomous)



SYLLABUS

Psychology
(Inter-Disciplinary Course)

Learning Outcome-based Curriculum Framework (LOCF) of
Four Year Undergraduate Programme
Choice-based Credit System with flexibility
Effective from Academic Year 2023-24

Syllabus is approved in Academic Council, Nowgong College (Autonomous)

Dated: 30th June, 2023

Introductuion

The Programme aims to develop a holistic and multidimensional understanding of the topics. It attempts to approach new areas of learning, develop competencies in the students thereby opening various avenues for self-discovery, academic understanding and employment.

Instruction on Teaching Method: The classroom transaction of all the papers will be done through lectures, group discussions, experiential exercises, projects, presentations, workshops, seminars and hands on experiences. Students would be encouraged to develop an understanding of real life issues and participate in the programs and practices in the social context. Use of ICT and mass media and web based sources is highly recommended to make the teaching learning process interactive and interesting. Twenty percent (20%) of the syllabus will be done through online.

Evaluation: The mode of evaluation would be through a combination of external and internal practicum in the ratio of 60:20:20 respectively. Equal weightage will be given to all the units while setting of questions papers in external examination. Along with routine examinations, classroom participations, class assignments, project work, and presentations would also be a part of the overall assessment of the student.

Credits and Marks:

- a) Total Credit in Major Course = 176 [Degree after 4 years (With Honours / by Research)]
- b) Total Credit in Major Course = 132 [Degree after 3 years (With Major/Minor)]

COURSE & CREDIT STRUCTURE

| Semester | Major (Maj) | Minor (Min) | Inter-Disciplinary | AEC | SEC | VAC (Any Two in each Semester) | Research project/ Dissertation/ Internship | Total |
|----------|---------------|---------------|--|--|---------------|--|---|-------|
| I | XXXX-MAJ-1014 | XXXX-MIN-1014 | PSYC-IDC-1014 Foundations of Psychology | ASSA/HIND/BENG-AEC-1012 Jugajogmulok Axomiya/ Vyakaran Evam Vyavaharik Hindi/Byowoharic Bangla – I Business English: Networking (Online) | XXXX-SEC-1014 | UNIN-VAC-1012 (Understanding India) ENSC-VAC-1012 (Environmental Science) NASS-VAC-1012 (National Service Scheme) Online Courses: 1. OUFU-VAC-1012 Our Energy Future 2. PHSR-VAC-1012 Philosophy, Science and Religion 3. MOTH-VAC-1012 Model Thinking (Any Two) | Students exiting the program after securing 44 credits will be awarded UG certificate in the relevant discipline/subject provided they secure additional 4 credits in work based Vocation Courses offering during summer term | 22 |

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|---|------------------------------------|---------------|--|--|---|--|---|----|
| II | XXXX-MAJ-2014- | XXXX-MIN-2014 | PSYC-IDC-2014 Social Psychology | Offline Courses: ENGL-AEC-2012 (English and Mass Communication) Online Courses: Business English: Management and Leadership (Infosys Springboard) | XXXX-SEC-2014 Online Courses : Fundamental Skills on Python Programming & IoT (Infosys Springboard) | Offline Courses: DITS-VAC-2012 (Digital Technological Solutions) YOMH-VAC-2012 (Yoga and Mental Health) NACC-VAC-2012 (National Cadet Corps) Online Courses: Fundamental of Artificial Intelligence (Infosys Springboard) (Any Two) | for internship/ apprenticeship in addition to 6 credits from Skill based Courses earned during 1 st & 2 nd Semester | 22 |
| Certificate after 1 year (Total Credit = 44) | | | | | | | | |
| III | XXXX-MAJ-3014 XXXX-MAJ-3024 | XXXX-MIN-3014 | PSYC-IDC-3014 Positive Psychology | ASSA/HIND/BENGL-AEC-3012 Byowoharic Axomiya/ Karyalayi Hindi /Byowoharic Bangla – II | XXXX-SEC-3014 | ----- | Students exiting the program after securing 88 credits will be awarded UG | 22 |

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|--|---|---------------|-------|-------------------------------------|-------|-------|-------|---|----|
| IV | XXXX-MAJ-4014 XXXXX-MAJ-4024 XXXX-MAJ-4034 XXXX-MAJ-4044 | XXXX-MIN-4014 | ----- | ENGL-AEC-4012 (Academic Writing) | ----- | - | - | Diploma in the relevant discipline/ subject provided they secure additional 4 credits in Skill based Vocation Courses offered 2 nd year summer term. | 22 |
| Diploma after 2 years (Total Credit = 88) | | | | | | | | | |
| V | XXXX-MAJ-5014 XXXX-MAJ-5024 XXXX-MAJ-5034 XXXX-MAJ-5044 | XXXX-MIN-5014 | ----- | ----- | ----- | ----- | ----- | XXXX-INTE-5012 (Internship) | 22 |
| VI | XXXX-MAJ-6014 | XXXX-MIN-6014 | ----- | ---- | ----- | | | ----- | 22 |

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|---|---|---------------|-------|-------|-------|--|---|----|
| | XXXX-MAJ-6024 | | | | | | | |
| | XXXX-MAJ-6034 | | | | | | | |
| | XXXX-MAJ-6044 | | | | | | | |
| | XXXX-MAJ-6052 | | | | | | | |
| Degree after 3 years (with Major/Minor) (Total Credit = 132) | | | | | | | | |
| VII | XXXX-MAJ-7014 XXXX-MAJ-7024 XXXX-MAJ-7034 | XXXX-MIN-7014 | ----- | ----- | ----- | REET-VAC-7012 (Research Ethics) | REME-MAJ-7044 (Research Methodology) | 22 |
| VIII | XXXX-MAJ-8014 | XXXX-MIN-8014 | | | | INPR-VAC-8012 (Intellectual Property Right) | XXXX-DISS-80112/ XXXX-MAJ-8024 XXXX-MAJ-8034 XXXX-MAJ-8044 (Those who not undertaking Research Project or | 22 |

| | | | | | | | | | |
|--|--|--|--|--|--|--|--|---------------|-----|
| | | | | | | | | Dissertation) | |
| Degree after 4 years (with Honours/ by Research) (Total Credit = 176) | | | | | | | | | 176 |

- N.B.: 1. 4 credit papers = 100 marks (60T+20IA+20P)
 2. 2 credit papers (except AEC) = 50 marks (30T+10IA+10P)
 3. 2 credit papers (Only AEC) = 50 marks (40T+10IA)

Question Pattern:

- For 100 marks papers [1 marks x 7 (no option) , 2 marks x 4(no option) , 5 marks x 3 (5 options), 10 marks x 3 (5 options)]
- For 50 marks papers [1marks x 4 (no option), 2 marks x 3 (no option), 5 marks x 2 (4 options), 10 marks x 1 (2 options)]
- For AEC 50 marks papers [1 marks x 4 (no options) , 2 marks x 3 (no options), 5 marks x 2 (4 options), 10 marks x 2 (4 options)]

Details of Semester-Wise Courses

| Sl. No. | Semester | Paper code | Name of the Paper | Credit | Marks |
|---------|----------|---------------|---------------------------|--------|-------|
| 1 | FIRST | PSYC-IDC-1014 | Foundations of Psychology | 4 | 100 |
| 2 | SECOND | PSYC-IDC-2014 | Social Psychology | 4 | 100 |
| 3 | THIRD | PSYC-IDC-3014 | Positive Psychology | 4 | 100 |

Semester-I
Course Code: PSYC-IDC-1014

Course Paper: FOUNDATIONS OF PSYCHOLOGY

Paper Credit: 04 (3T+1P)

Total No. of Lectures: 45L + 15P

Total Marks=100 (T60 + IA20 + P20)

Objectives:

1. To gain a better understanding of the field of psychology both historic and current.
2. To familiarize students with the fundamental processes of human behavior.
3. To develop an understanding of processes involved in learning, perception, motivation and emotion.

Learning Outcome:

1. Students will be able to develop an understanding of the field of psychology both historic and current.
2. Students will be able to identify the major fields of study and theoretical perspectives within psychology and articulate their similarities and differences.
3. Students will be able to articulate the basic principles and research concerning learning, attention, motivation and emotion.

CONTENTS:

Theory

UNIT: I Introduction to Psychology:

Definition, Nature and origin of psychology, scopes, field of psychology; Perspectives in psychology--structuralism, functionalism, behaviourism, humanistic; Methods of Psychology--observation, case study, interview, survey, correlation and experimental method

UNIT: II Attention and Perception:

Nature and Definition, Issues and Theories of Attention, Factors or Determinants of Attention; Perception—concept of perception, perception of objects and forms, perceptual constancy-- illusion, internal and external factors influencing perceptual, perceptual organization

UNIT: III Motivation and Emotions:

Definition and nature of motives, types of motives, theories of motivation; Definition and nature of emotion; Emotion and cognition, culture and emotion

UNIT: IV Learning and Memory:

Learning-Nature and definition, classical and operant conditioning, factors of learning, transfer of learning; Memory- Definition, types of memory, methods of measuring memory, methods of improving memory; Forgetting, theories of forgetting, causes of forgetting

Practical/ Presentation: Topics to be selected based on course content of the theory.

Suggested Readings:

1. Morgan, C. T., & King, R. A. (1975). Study guide for Morgan and King Introduction to psychology: Fifth edition. New York: McGraw-Hill
2. Ciccarelli, S. K., & Meyer, G. E. (2010). Psychology: South Asian Edition. New Delhi: Pearson Education
3. Baron, R. & Misra, G. (2013). Psychology. New Delhi: Pearson.
4. Chadha, N.K. & Seth, S. (2014). The Psychological Realm: An Introduction. New Delhi: Pinnacle Learning.
5. Talukdar R R. 2019, Cognitive Psychology, Psycho information technologies, New Delhi

Semester-II
PSYCHOLOGY
Paper Code: PSYC-IDC-2014
Course Paper: SOCIAL PSYCHOLOGY
Paper Credit: 04 (3T+1P)

Total No. of Lectures: 45L + 15P

Total Marks=100 (T60 + IA20 + P20)

Objectives:

1. To understand the cognition and behavior of individuals as they naturally occur in any social context.
2. To understand the individual difference of individuals in different social environment.

Learning outcome:

1. Students will be able to demonstrate the ability to articulate independently and creatively about human social behavior and the cultural influences that affect human behavior.
2. Students will be able to understand the characteristics, actions, cognitive processes, environmental variables, biological causes, logical thinking.

CONTENTS:

Theory

UNIT: I Introduction to social psychology:

Definition and nature, scope of social psychology; history-origin and development of social psychology; relationship of social psychology with other sciences

UNIT: II Social influence and interaction:

Interpersonal attraction, pro-social behavior; Aggression: basic concept, causes and management

UNIT: III Social Perception:

Understanding self and evaluating the social world: Making of the self; social

cognition, social perception, impression management; Attitudes (attitude-Behaviour Link; Strategies for attitude change)

UNIT: IV Group Dynamics:

Nature of Groups; Basic Processes, Group Performance, Group Decision Making; Group interaction (Facilitation, Loafing)

Practical/ Presentation: Topics to be selected based on course content of the theory.

Suggested Readings:

1. Hogg, M. A., & Vaughan, G. M. (2005). Social psychology. Harlow: Pearson Prentice Hall.
2. Taylor, S. E., Peplau, L. A., & Sears, D. O. (2006). Social psychology (12th Ed.). New Delhi, India: Pearson
3. Myers, D. G. (2008). Social psychology. New Delhi, India: Tata McGraw-Hill
4. Baron, R. A., Byrne, D., & Bhardwaj, G. (2010). Social psychology (12th Ed.). New Delhi, India: Pearson
5. Husain, A. (2012). Social psychology. New Delhi, India: Pearson.
6. Singh, A. K. 2015, Social Psychology, PHI Learning Private Limited, Delhi-110092
